

Principal Letter

Spring Term 2024

Week Ending Friday 8 March 2024

Issue 22



Dear Parent(s)/Carer(s)

For whatever reason, we have seen an influx in the number of phones that have been confiscated this week and students using phones to contact parents during the school day. This is just a reminder that phones are not to be seen or used from 8.00am to 3.30pm and should be switched off and in bags. This is one of the reasons that bags are a compulsory part of school uniform. Where students are arriving in school without a bag, they will be asked to hand their phone in at student services. We are currently looking into secure storage facilities so that phones can be locked away during the day; depending on cost and logistics we are hoping to get this in place for September. The government are backing the ban of mobile phones in school, their guidance was released on 19th February, and although we have a system in place which is compliant with this guidance, the fact that young people are still using them says that we need to do more.

I have mentioned attendance in a previous newsletter, and how important it is that we work together to ensure young people are in school regularly. As you can see from the last couple of weeks, attendance has dipped in all years apart from year 7. Year 11 attendance is obviously a priority as exam season is looming ever closer, but for all young people continuity is key in ensuring gaps in learning are minimised. Of course, we know that there are going to be times when this isn't possible, if there are concerns and you need to speak to someone, please get in contact with your form tutor or our family liaison officer Lorna Brown.

It is another bumper edition, so enjoy the rest of the newsletter, there has been lots going on!

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TOP PASSMORES POINTS ACHIEVERS

Friday 1st – Thursday 7th March 2024

Megan Wright	Year 7	46
Donte Paraman	Year 7	45
Amelia Surtees	Year 7	44
Eva Aiyamenkhue-Edigin	Year 7	43
Bobby Paxton	Year 7	41
Fin Hodson	Year 7	41
Ethan Toku Appleton	Year 7	39
Iyahna Miller	Year 7	37
Lawrence Forde	Year 7	37
Sonny Dzingel	Year 7	37

Ruben Kiss	Year 8	63
Ryan Youens	Year 8	63
Charlie Brown	Year 8	62
Kajus Jocas	Year 8	53
Gracie Morris	Year 8	50
Katie Watters	Year 8	50
Max Surtees	Year 8	50
James Babb	Year 8	49
Harry Adams	Year 8	48
Olivia Lamplough	Year 8	48

Ava Dorrington	Year 9	31
Jessie Humphries	Year 9	31
Jaime Wyburn	Year 9	29
Christie Snell	Year 9	28
Jersey Harvey	Year 9	27
Owen Bulloch	Year 9	27
Belle Evans	Year 9	26
Darcie Goward-Johnson	Year 9	26
Benjamin Dack	Year 9	25
Brooke Payton	Year 9	25
Daisy May-Denton	Year 9	25
Frankie Fearon	Year 9	25
George Bennett	Year 9	25
Gracie Howard-Brown	Year 9	25
Hassan Mahmuud	Year 9	25

Lewis Martin	Year 9	25
Phoebe Miles	Year 9	25
Ronny Demleka	Year 9	25

Luke Batt	Year 10	49
Angel Fernandes	Year 10	41
Lola Hughes	Year 10	39
Callie Wood	Year 10	34
Chloe Green	Year 10	34
Ellie Blake	Year 10	34
Olivia Bullock	Year 10	34
Keira Webb	Year 10	33
Alexis Buston	Year 10	31
Katie Holmes	Year 10	31

Heidi Peppard	Year 11	38
Amelia Wator	Year 11	31
Gemma McAusland	Year 11	31
Maisie Peacock	Year 11	31
Sonny Brooks	Year 11	31
Ellie Green	Year 11	30
Jayden Alade-Mason	Year 11	30
Ashlea Gates	Year 11	27
Kieran Atherton	Year 11	27
Orla Daniels	Year 11	27

HOUSE PASSMORES POINTS

Monday 26th February – Thursday 7th March 2024

Dragon	8398
Griffin	7800
Lion	8648
Unicorn	8373

YEAR GROUP ATTENDANCE**FRIDAY 1ST – THURSDAY 7TH MARCH 2024**

	Average Attendance
Y7	92.05%
Y8	87.70%
Y9	88.47%
Y10	86.56%
Y11	85.61%
Whole School Attendance	88.10%

OVERALL HOUSE ATTENDANCE**MONDAY 26TH FEBRUARY – THURSDAY 7TH MARCH 2024**

Dragon	93.50%
Griffin	93.04%
Lion	93.08%
Unicorn	93.54%

PASTORAL UPDATE

We always strive to keep our pastoral update positive, but it is with a heavy heart and a sense of frustration that we address the recent increase in vandalism within our school toilets. The deliberate destruction of school property not only tarnishes the environment we strive to maintain but also hampers the sense of community we endeavour to create. The financial burden of repairing this damage diverts resources that could otherwise enhance our students' educational experience. Additionally, we are deeply alarmed by the increase in students being caught in toilet cubicles with other students. This poses both hygiene concerns and a serious breach of health, safety, and safeguarding regulations. We implore students to reflect on their actions and consider the broader impact on our school community. If this behaviour persists, regrettably, we may have no alternative but to restrict access to the toilets to mitigate further damage and costs. We extend our gratitude to the majority of students who uphold our values of kindness, safety, and respect. Your support in reinforcing expectations to help maintain a positive and respectful learning environment and school community is invaluable.

In the News: National Careers Week

This week, students delved into National Careers Week during our "In the News" segment. They explored various career pathways, learned about different industries, and gained insights into the skills and qualifications required for success in their chosen fields. As part of this initiative, our year 8 and 9 students had the privilege of attending an

assembly delivered by representatives from Taylor Wimpey, providing valuable insights into the construction industry and related career opportunities. Additionally, Harlow College visited with a pop-up stand, offering students further information and guidance on potential educational pathways and career options.

Thought for the Week: International Women's Day

In our "Thought for the Week," students celebrated International Women's Day by learning about the achievements and contributions of women throughout history and in contemporary society. Through discussions and activities, students explored the importance of gender equality, challenged stereotypes, and celebrated the diverse talents and accomplishments of women around the world.

Other Events: Hollywood Night and World Book Day

In other news, our Key Stage 4 students enjoyed a night of fun and glamour at Hollywood Night, where they had the opportunity to socialise and unwind in a festive atmosphere. Additionally, Year 11 students reviewed their Passport to Prom as the deadline approaches, monitoring if they are on track to be awarded their ticket for this memorable event. Furthermore, on Thursday, students celebrated World Book Day in tutor time, engaging in activities that fostered a love for reading and literature.

Looking Ahead: Ramadan, Peer Dialogue, and House Events

Looking ahead to next week, students will learn about Ramadan, deepening their understanding of this important religious observance. They will also review their passports and reflect on how well they are embracing our school values, fostering a culture of respect, kindness, and inclusion. Additionally, students will participate in their first peer dialogue session of the half-term, engaging in meaningful discussions that promote communication, empathy, and collaboration. Meanwhile, Year 7 and 8 students will have the opportunity to represent their House in "The Curse of the Cookie". A non-sporting House event, that will foster friendly competition and House spirit within our school community.

A reminder to year 11 Dragon students that your non-uniform day that was postponed before half-term due to mock exams, will take place on Monday 11th March.

It's been a week filled with enriching learning experiences and exciting events, and we look forward to another week of growth, exploration, and community engagement at Passmores Academy.

'Caught Doing Good' – 26th February – 1st March 2024

YEAR 7

- Danielle Constantinou
- Jude Franklin
- Eva Aiydmenbhve-Edgin
- Kayden Clark
- Joseph Barzey

YEAR 8

- Pablo Martinez-Fasoro
- Reggie Fitzpatrick
- Molly Mooney
- Stanley Smith

YEAR 9

- Lewis Martin

- Eddie Daku
- Tommy Dolling
- Tanaka Tawanezvi

YEAR 10

- Luke Batt
- Emin Mustafa
- Louie Matthews

YEAR 11

- Maya Pearce
- Cannon Holmes
- Madleigh COLLINGS
- Freddie Pannell
- Raz Jipa

‘Caught Doing Good’ – 4th – 8th March 2024

YEAR 7

- Macie Staples
- Ramona Stegaru
- Isobella Stewart
- Frankie Cairns

YEAR 8

- Charlie Brown
- Reggie Fitzpatrick
- Mary Norton
- Hayden Zuna
- Eik Tian Goh

YEAR 9

- Mia Padley
- Eddie Daku
- Lewis Martin

YEAR 10

- Karris Barrett
- Mason Obourne
- Harrison Houghton

YEAR 11

- Adam Stratford
- Rayan Khamis
- Danny Campbell

SPORT / PE UPDATES

Upcoming Fixtures List 11 March 2024 – 15 March 2024

Monday 11th March

- Year 9 and 10 Netball V Forest (HOME)
- U16 Plate vs Orsett Heath (@ William Edwards)

SUBJECT INFORMATION / UPDATES

From the English Department

World Book Day - Thursday 7th March 2024

On Thursday this week the Passmores community celebrated World Book Day. The theme for our day was "How do you read yours?" All students have been invited to enter a competition to describe the best places where they read their books. We have had some fantastic responses and we have also read some extremely humorous responses!

Exciting news: A number of year 8 students won a free book on Thursday as their names were drawn from a raffle. There was a huge range of books available and we hope that the lucky winners enjoy reading theirs.

We are always asked for book recommendations from both parents and students alike. Please click on this link to look at suggested reading books for

KS3: [Books for KS3 children aged 11-14 | School Reading List](#)

KS4: [Year 10 books - a recommended reading list for 14 year olds \(schoolreadinglist.co.uk\)](#)

[Year 11 books - a recommended reading list for 15 year olds \(schoolreadinglist.co.uk\)](#)

Your child was given a World Book token in tutor time today. This entitles them to £1 off a selection of books. Please click on this link to view the books: [2024s-1-books \(worldbookday.com\)](#)



Jack Petchey Speak Out Workshops (jpspeakoutchallenge.com)

On Monday 26th February and 4th March, the English department host Jack Petchey SpeakOut trainer, Jonathan Drew. 60 Year 10 students spent the day honing their oracy skills and developing their presentation skills.

It was exciting to see how the students developed their speeches throughout the course of the day.

On May 1st, one of our students will represent our school at the Jack Petchey SpeakOut regional finals. The English department will keep the students updated on this event.

Barcelona Trip

Last weekend we had the pleasure of taking 39 students to Barcelona. We visited the Nou Camp, Sagrada Familia, Parc Guell, The Picasso Museum and so much more. The students learnt so much about Spanish culture and art and had lots of opportunities to speak Spanish and update their art portfolios. We would like to give a special shout out to the following members of staff:

- Mr R King
- Ms Zaman-Zadeh
- Mr Howell

Muchas gracias,

Mr Farmery and Mrs Friedner

**MATHS PROBLEM OF THE WEEK**

Can you make this equation correct using three of these four symbols? $+$ $-$ \times \div

Order of operations doesn't apply, and no fractions or negative numbers are involved.

$$2 \square 1 \square 6 \square 6 = 48$$

$$+ \quad - \quad \times \quad \div$$

Mrs Turner's Maths Student of the Week:

The following students get to take home the Maths Trophy for the week.

- Year 7o/4 - George Pavitt for great improvement in engagement.
- Year 7d/5 - Logan Maleary for resilience and outstanding Attitude to Learning.

CAREERS NEWS

Degree Apprenticeships

Are you considering a Degree Apprenticeship in the future? Do you want all the latest tips and tricks on how to make your application stand out? Join success at school on the 12 March from 6:30 - 7:15pm for their webinar with global car brand, JLR. Sign-up using the link below:

<https://successatschool.us3.list-manage.com/track/click?u=2c038531b25876a2c7c9cf8b1&id=aea1661ce6&e=36ec35cd30>

Year 10 Work Shadowing Day 2nd May 2024

All year 10 students have been asked to source their own placement for work shadowing day. We have asked students to ask family or friends of the family if they can join them for a day at work. This is a great opportunity to gain valuable experience in a specific occupational area and learn what it is like to go to work. **The deadline for this is the 28th March.** Students can collect a consent form from Mrs Kay's desk. We have also attached one to this newsletter.

ANY OTHER INFORMATION

Options Evening for year 9

We look forward to welcoming students and parents/carers to the most important night of the academic year for Year 9, the GCSE Options Evening. This will take place on **Wednesday the 20th of March between 5.30pm and 8pm (5.15pm for the nurture class).**

This evening will be the start off the process of choosing options for GCSE next year so it is vital that you attend with your young person. There will be a talk in the hall (goldfish bowl for the nurture class) followed by a carousel of visits to subjects holding talks around the school which can be booked online – see below.

Next week we will be emailing the **Options Booklet** for you to read in advance. This will give you all the information you need in order to assist your young person make the right decisions and give details of all the courses we have to offer.

We will also be emailing the details of how to book the subject talks so please look out for this next week.

Mr Chadwick

Year 11 Yearbook & Leavers' Hoodie 2024

We are putting a yearbook together to remind students of their time at Passmores. This is an exciting project and will contain photographs of the year group, along with anecdotes and lots of other items of interest. We will also be ordering leavers' hoodies with names of everyone in the year group on the back and the opportunity for personalisation. The prices are as follows:

Yearbook - £22

Hoodies- £21

We understand that this may be a difficult time financially for some families in our community and we are keen to ensure that everyone who would like a Yearbook or Leavers' hoodie has the opportunity to get one. If this is the case, please contact us to let us know via email (yearbook@passmoresacademy.com) and we can arrange an alternative payment plan.

If you wish to order a yearbook or a leavers' hoodie, please pay via Parent Pay or return the below slip in an envelope to Student Services clearly named and labelled with "Yearbook/Hoodie payment" (you can either pay by ParentPay, cash or by cheque made payable to P.C.L.C).

The deadline to purchase either item has been extended until Friday 15th March. We will then plan to hand out the Hoodies the week commencing Monday 6th May and the Yearbooks will be available to collect on the GCSE results day in the summer holidays.

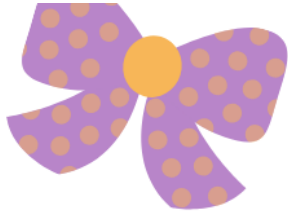
If you have any questions about the Yearbook or Leavers' Hoodies, please contact us at yearbook@passmoresacademy.com.

Friends of Passmores

Friends of Passmores are having a movie night to watch the new WONKA film on 22nd March, please purchase your tickets from the link below.

<https://www.ticketsource.co.uk/friends-of-passmores/t-vvkyapk>

We are also holding a raffle draw at the end of the month, students can buy raffle tickets in form time next week.



FRIENDS OF PASSMORES PRESENTS

EASTER RAFFLE



tickets will be sold during form time

£1 per ticket



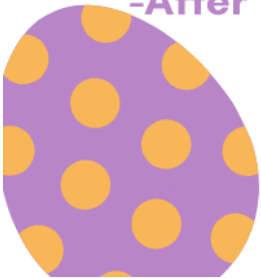
Prizes include:

-After Tea for two at Manor of Groves and Cammas Hall.

-Go Karting Voucher

-Entry to Quaser, Panic room, Glo Golf

-Hampers



FRIENDS OF PASSMORES PRESENTS

22
MARCH | 7
PM

MOVIE NIGHT

to watch

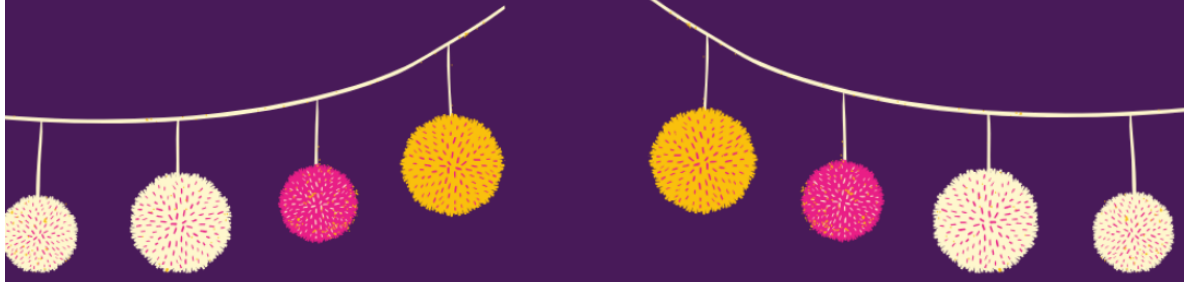
WONKA

£5 PER PERSON
INCLUDES BAG OF POPCORN
AND DRINK

Scan the QR to get your
tickets

other refreshments are available





fop@passmoresacademy.com



HARLOW



WE NEED YOU!

**WE ARE LOOKING FOR BUSINESSES FOR THE
FOLLOWING EVENTS:**

- **RAFFLE PRIZES FOR OUR EASTER RAFFLE
- MARCH.**
- **FOOD STALLS FOR OUR MULTI-CULTURAL
FOOD FESTIVAL
- 4TH MAY.**
- **SPIRITUAL OR WELLBEING STALLS FOR
OUR SUMMER EVENT
- 29TH JUNE.**







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 thurrock.gov.uk



FREE EASTER HOLIDAY CLUBS WITH ESSEX ACTIVATE!

1st April - 12th April

Eligible school aged children and young people are invited to book onto FREE, fun-filled activity clubs who are run by a network of locally, trusted organisations and brought to you by Active Essex, Essex County Council and Thurrock Council, on behalf of the Department for Education!



IS MY CHILD ELIGIBLE?

Clubs offer spaces to primary and secondary school aged children (4-16 years) who are eligible for benefit based free school meals. Limited spaces are available for young people who are also from 'low-income' working families, as well as children who may be vulnerable to inactivity or social isolation.

WHERE WILL THE CLUBS BE RUN?

Clubs will be running across Essex in Braintree, Basildon, Brentwood, Castle Point, Chelmsford, Colchester, Epping, Harlow, Maldon, Rochford, Tendring, Thurrock and Uttlesford!

WHAT DO THE CLUBS PROVIDE?

Clubs provide a range of different physical, enrichment and food activities to support children's physical and mental wellbeing, as well as a delicious, nutritious meal! We also offer specialist youth, SEND and mental wellbeing clubs.

HOW DO I BOOK ONTO A CLUB?

If you have received a Holiday Activities voucher code, click the link on the voucher to book your child/ren onto a club. If you're still awaiting a voucher code, please contact your school. If you aren't eligible for a Holiday Activities voucher as your child/ren do not receive benefits based free school meals, please contact a local club directly to book on by heading to our website below.

www.activeessex.org/children-young-people/essex-activate



At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

Top Tips for Supporting Children Who Are EXPERIENCING BULLYING

In a DfE survey, 36% of parents said that their child had been bullied in the past year, while 29% of secondary school headteachers reported bullying among students. Public Health England states that young people who maintain positive communication with their family were less likely to experience bullying – so it's important that parents, carers and educators know how to talk to children about bullying.

1. WATCH FOR BEHAVIOURAL CHANGES

Children who are experiencing bullying may become quiet, withdrawn, or anxious; however, they may also act on the pain and anger that they're feeling. A shift in attitude towards their existing friends (or not mentioning them any more at all) or alluding to new friendships which seem notably different could also be warning signs. It's important to be alert to such changes and talk to your child about them if they occur.

2. THINK THINGS THROUGH

Before acting, ask yourself if this is the right time and place to address concerns about bullying. Might your worries trigger strong feelings – perhaps from your own experiences – that could discourage your child from opening up to you? You could try discussing what you've noticed with another trusted adult who knows your child well.

3. BE OPEN AND UNDERSTANDING

Try to outline to your child the changes that you've noticed in their body language, appearance, behaviour, or tone of voice – and do so without sounding judgemental. Help them to describe what they're feeling – be it anger, sadness, fear or something else – as accurately as possible. If they say they're "angry", do they mean "enraged" or "frustrated"? This will help them to understand how they're feeling and why.

4. LET THEM SPEAK FREELY

Use open questions and a welcoming tone to encourage your child to talk. Listen closely and summarise what they've said at appropriate points (ideally without interrupting) to demonstrate that you're understanding clearly. Bullying may have undermined your child's sense of control, and they may fear that you'll judge them, overreact or impose consequences – so this conversation can reassure them being honest with you was the right decision.

5. CALL A TIME OUT

A conversation about bullying could leave both you and your child feeling distressed. It's important to recognise this and pause at suitable moments to calm down. Take deep breaths, enjoy a hot drink or even have a cathartic cry. This can reinforce trust, while also helping you both feel that you have control over the situation and the emotions that you're feeling.

6. STAY INFORMED

Make sure you know your child's school's definition of, response to and relevant contacts for bullying. This information should be in their anti-bullying policy, which ought to be available on the school's website. Class teachers or form tutors are usually the first point of contact, though there may be dedicated support teams or key workers to help your child, depending on the specific situation.

7. PREP YOUR CHILD FOR THE RESPONSE

Schools' responses to bullying vary depending on whether they're resolving disagreements and arguments, or addressing unintended verbal or physical harm and so on. It's important to work out with your child whether any harm was intentional, how much control they had over the situation and how often such incidents have occurred. Reporting concerns accurately will get the best outcome for your child more quickly.

8. SUMMARISE YOUR CHILD'S EXPERIENCE

When you contact the school, make sure you've precisely described what your child experienced: what happened; when; where; and who was involved. This will help the school to investigate further, identifying any witnesses, as well as those who were directly involved. It can also help the school to know how your child is feeling and how they'd like the matter to be resolved.

9. LIAISE WITH THE SCHOOL

Any school has a duty to ensure that the members of its community feel safe and included. It's important for children to learn their role in this. The school must determine how best to restore these feelings of safety and respect. It's often best for schools to keep parents and carers informed of any action taken – and for families to avoid taking matters into their own hands.

10. CHECK IN FREQUENTLY

Once the issue has been resolved and the bullying behaviour has stopped, your child may still feel anxious and might find it difficult to rebuild relationships or develop new ones. Parents, carers and the school should all keep an eye on how the child is feeling and acting over the following months. Any relevant information should be shared, so that further support can be planned if necessary.

Meet Our Expert

Bob Basley is the Director of Anti-Bullying Quality Mark-UK, which challenges and supports schools to develop sustainable whole-school approaches to prevent bullying, including working with parents and carers. More than 80 schools in England and Wales currently hold the quality mark.



#WakeUpWednesday

The National College

Sources: https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/788040/survey_of_pupils_and_their_parents_or_carers-wave-3.pdf
<https://www.oecd.org/education/els/foi2018/index.html> | https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/621070/healthy_behaviour_in_school_age_children_cyberbullying.pdf



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety



@national_online_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 28.02.2024

What's on this spring

Harlow's oldest sports club to celebrate its 250th anniversary!



This year Harlow Cricket Club, based at Marigolds in Old Harlow, is celebrating 250 years of playing cricket with a series of special matches and events.

Matches will be played on Sundays against old cricketing foes and friends who the club have played against throughout its history. These include Bishop's Stortford (14 July), Sawbridgeworth (9 June) and Matching Green (21 July). An unusual fixture against The Barbadian High Commission XI promises to be a fun day on 16 June.

A cricket week is being held from 20 to 28 July, with two exciting matches on 23 and 24 July where the club are hosting two all day games. The World Cricket Exchange XI versus The Club Cricket Conference XI and the following day the club welcome the world famous MCC. On the Thursday 25 July, the club have invited its near neighbours Harlow Town CC for an evening T20 challenge. The club finishes off the week with Maldon CC visiting, which was the club's first ever opponents on record, back in September 1774!

There is also a Disabilities Cricket Day on 6 August with a county ladies cricket match on 7 August, and a celebration of youth cricket on 25 August. On 28 September, the club will host its 250th celebration gala dinner.

Visit the Harlow Cricket through 25 Decades exhibition at Harlow Museum & Walled Gardens from Saturday 27 April to Saturday 31 August.

There will be more about the club's history in the next edition of Harlow Times.



Pets' Corner

Harlow Town Park
www.harlow.gov.uk/pets-corner
 01279 422790

Egg Easter Hunts

Sunday 31 March, Monday 1 April to
 Friday 12 April
 Drop-in 11am to 3.30pm
 £1.50 per participant and tickets can be
 purchased on the day from the shop.

Meet the lambs

31 March, 2 April, 4 April, 6 April,
 8 April and 10 April
 11.30am to 2.30pm (30-minute intervals)
 £4.50 per participant and tickets can be
 purchased on the day from the shop.



Keeper Talk – Owls

Monday 1 April to Thursday 11 April
 1.30pm
 £3.50 per participant and tickets can be
 purchased on the day from the shop

Easter craft session

Wednesday 3 April, Sunday 7 April
 and Friday 12 April
 11.30am to 2.30pm
 £2 per participant and tickets can be
 purchased on the day from the shop.

Meet the Easter Bunny

3 April, 5 April, 7 April, 9 April,
 11 April and 12 April
 11.30am, 12.30pm, 2pm and 3pm

FREE

Keeper Talk – Ponies

Friday 5 April
 1.30pm

FREE

Keeper Talk – Bunnies

Saturday 6 April
 1.30pm

FREE

Keeper Talk – Ferrets

Tuesday 9 April
 1.30pm

FREE

Gibberd Gallery

Civic Centre, The Water Gardens,
Harlow, CM20 1WG
www.sculpturetown.uk
11am to 4pm Monday to Saturday
(Closed Sundays and Bank Holidays)

New Town New Art**FREE**

Saturday 6 April - Saturday 8 June

A selection of artworks recently gifted to the Harlow Art Trust by the Foundation for Essex Arts, featuring prints, drawings and paintings from artists including Barbara Hepworth, Elizabeth Frink and Michael Craig Martin.

The collection has something for everyone from resolutely modern work to more traditional landscape scenes.

**Harlow Town Park**

The Bandstand, Park Lane,
Harlow, CM20 2QQ
www.sculpturetown.uk
Tel: 01279 446404

Fun Family Art Workshops**FREE**

Tuesday 2 April and Tuesday 8 April
11am to 1pm and 2pm to 4pm

'Cycle and Create' is a new initiative to bring art and movement to families in Harlow through an environmentally friendly series of pop up workshops. Artists will be travelling to the Town Park in specially decorated cargo bikes that contain everything needed to get people moving and creating.

Activities are suitable for children 3 plus and their parents and carers. All materials are provided. Parents/carers must stay with their children.

This pilot project is being run in partnership between Harlow Art Trust, Harlow Creates and Harlow Town Park. With thanks to Harlow & Gilston Garden Town for use of the bikes.

Stay updated on events taking place

You can find details on other events taking place in your town on the council's website www.harlow.gov.uk and the Discover Harlow website – www.discoverharlow.co.uk

If you organise your own events, you can get them listed on these websites by submitting details at www.harlow.gov.uk/events

Walled Garden Open Day**FREE**

Tuesday 28 May 10.30am to 2pm

Come along to the Walled Garden in the Town Park and take part in a range of activities, including flower arranging, tutorials on how to take cuttings of plants and planting hanging baskets which will be displayed around the park.

Men's shed will also be present selling bird boxes. There will also be refreshments and cake.

Activities for children

Monkswick Park, Monkswick Road,
Harlow, CM20 3LU

Long Ley ParkPlay

ParkPlay is a two hour session of fun and games for everyone starting at 10am every Saturday in Monkswick Park – just look for the ParkPlay flag!

To find out more and register your place:
<https://park-play.com/parks/long-ley/>

MUSIC & VOICE EASTER COURSES

2nd–5th April
9th–12th April



Katherine's Hatch CM19 5NP



Explore music making
at Harlow Rock School
with expert tutors this
Easter!

- No experience necessary
- Lunch and snacks provided
- Ages 11–16yrs
- Aimed at young people who are eligible for Free School Meals

Book nowemail harlowcreates@harlow.gov.uk

Event and activity information is correct at time of going to press. Please always check first with the event organiser by calling their contact number or by visiting the relevant website.

Passmores Academy Charity
No Child Without
Registered Charity No: 1152609

WE NEED YOUR SUPPORT

- Passmores Academy established our charity, No Child Without in 2013
- **No Child Without aims to provide financial support for young people across Harlow in order to help them access educational and extra-curricular opportunities that may usually be beyond their means.**
- No Child Without believes that no child should miss out on any opportunity within their education due to financial circumstances that are out of their control.
 - **No Child Without exists to aid young people to achieve their potential.**
- **Providing a young person with an opportunity can make a huge difference to their lives. It can provide them with motivation and inspiration which, in turn, will lead them to having improved aspirations.**

ESSEX residents are being invited to nominate a charity to receive £1,000

Now in it's sixth year, the BENEFACT GROUP's Movement for Good Awards has given charities across the UK and Ireland more than £5million since 2019, with winners drawn randomly from online nominations.

Therefore, the MORE times NO CHILD WITHOUT is nominated, the greater it's chance of success.

Nominations can be submitted online as follows:

Google:	www.movementforgood.com
Click On:	Nominate Now
Then Click On:	Nominate a Charity for £1000
Type In:	No Child Without (Press Search)
This Will Appear:	115609 NO CHILD WITHOUT
Select Charity Type:	POVERTY
Fill in:	Full Name:
	Email Address:
	Location = (Select) Essex
	Age:
	Who Are You = (Select) Supporter

The Next Draw is on Monday 18th March 2024
Nominations will also roll over to Future Draws
THANK YOU!

Online Parent Groups



Challenging Behaviour

Suitable for parents of children aged 4-11 years. This course is run over 6 weeks. This will focus on an issue you are experiencing with your child and will work on strategies and ways to help deal with the issue/behaviour.

14th February - Session 1
 HALF TERM

28th February - Session 2
 6th March - Session 3
 13th March - Session 4
 20th March - Session 5
 27th March - Session 6

Wednesdays 13.00-14.30 via Zoom

FULLY BOOKED!

Helping your Child Manage their Fears and Worries

Suitable for parents of children aged 4-11 years. This course is run over 4 weeks. This will help parents work on a focussed issue they are experiencing with their child and work out strategies to help.

29th February - Session 1
 7th March - Session 2
 14th March - Session 3
 21st March - Session 4

Thursdays 13.00-14.30 via Zoom



Supporting Teenagers Emotion Wellbeing

Suitable for parents of children aged 12-19 years. This course is run over 4 weeks. This will look at ways to help your teenager manage their emotional wellbeing.

27th February - Session 1
 5th March - Session 2
 12th March - Session 3
 19th March - Session 4 (optional)

Tuesdays 17.30-19.00

To access this FREE service you must:

- Have a child attending an school that our Mental Health Support Team (MHST) are currently working with in Harlow, Epping Forest District and Uttlesford.
- Have access to Zoom
- Able to attend ALL pre-planned sessions

If you are interested, please complete the application form by scanning the QR code



If the course you are interested in is not showing, this is because it has reached full capacity of attendees.

We will send you an email to confirm a place on the course along with joining instructions approx. 1 week prior to the course start date. Please check your mailbox regularly including your Junk/Spam folders.

If you have any queries, please contact your area admin:
 Harlow - mhstharlow@mindinwestessex.org.uk
 Epping Forest - mhsteppingforest@mindinwestessex.org.uk
 Uttlesford - mhstuttlesford@mindinwestessex.org.uk

There are limited places available so please book your place as soon as possible. If you would like to access the course, but do not have access to the internet, please see your school or contact our team (see above)

Forthcoming Events:

Wednesday 13 th March	Parent Forum 6.00-7.00pm
Wednesday 20 th March	Year 9 KS4 Options Evening 5.30 – 8.00pm
Friday 29 th March – Friday 12 th April	Easter holidays
Monday 15 th April	INSET DAY



Natalie Christie

Principal of Passmores Academy

TEACHarlow

Interested in becoming a primary or secondary teacher?
Contact Gareth Walsh on g.walsh@passmoresacademy.com